

Ocean Spa Menu



Body Treatments

Senhora da Guia Body Massage - 50 min, Price 125€

Medium or intensive form of massage that uses firm pressure to affect deeper muscle layers, often to address specific problem areas.

Stress Relief Massage Therapy - 50 min, Price 95€

Relaxing and rebalancing massage, ideal for those who want to free the mind and achieve a deep state of relaxation.

Reflexology Therapy - 50 min, Price 95€

Reflexology focuses on treating specific points in the feet by applying pressure with the fingers and thumbs, with the aim of promoting overall wellbeing and relaxation.

Hot Stone Body Ritual - 75 min, Price 145€

Volcanic stones contain all four elements: water, air, fire and earth. Stone massage is an amazing procedure that gives the body a charge of powerful energy.

Body Exfoliation - 45 min, Price 95€

Full-Body exfoliation treatment is a skin care experience that cleans dead skin cells, revealing smoother, softer, and more radiant skin. It's perfect for anyone looking to refresh and renew their skin.

Ritual Senhora da Guia – Rejuvenating Detox - 85 min, Price 175€

Thermal Salt Full-Body Peel, Seaweed/Hematite Mud Detoxifying Wrap followed by a moisturizing treatment with Malachite Balm. Deep relaxation treatment with full exfoliation, drainage and detoxification of the Body. Completely renews the skin surface, making the tissue elastic and extraordinarily velvety.

Ritual Body Slimming with Drainage effect - 85 min, Price 175€

Charcoal Mud Full-Body Peel, Green Tea Effervescent Body Wrap followed by Circulatory Massage. Slimming and detoxification treatment with lymphatic drainage effect.

Facial Treatments

Rejuvenating and Drainage Facial - 50 min, Price 135€

This powerful treatment rejuvenates, tightens skin, and visibly reduces fine lines & wrinkles. The skin is reinforced and strengthened with our hydration process, resulting in a healthier, more vibrant glow.

Hydrating and Calming Facial - 50 min, Price 135€

A hydrating facial can help to deeply nourish and hydrate the skin, giving it a radiant and healthy appearance. Hydration facial can be beneficial for those who have dry or dehydrated skin, as well as for those who are looking to prevent future dehydration.

Details

SPA Manicure - Price 65€

Nail filing & shaping, cuticle care, buffing, hydration and massage.

SPA Pedicure - Price 75€

Nail filing & shaping, cuticle care, buffing, foot filing, hydration and massage.